

WHAT CAN THE GOLF INDUSTRY/FACILITIES DO TO MAXIMISE THE HEALTH BENEFITS OF GOLF?

SPREAD THE WORD

Golf facilities and the golf industry can share key health benefits and messages with golfers and potential golfers.



PROMOTE INCLUSIVITY

Encourage increased participation by developing environments and price structures that are welcoming to all, including beginners.



MULTI-FUNCTIONALITY

Facilities in addition to golf could include for example, a gym, walking routes, child care.

WOMEN & GIRLS

Inspire and recruit more women and girls to play golf, and retain their participation in the game.

PROVIDE

Warm up facilities, and stock sunscreen, water and healthy food.



PROMOTE SAFETY & SUSTAINABILITY

Maintain policies, facilities and golf carts. Restrict water, energy and chemical use.

AVOID

Mandatory golf cart use, and encourage players to walk the course.

GOLF IS A SPORT WITH WIDE RANGING HEALTH BENEFITS. BY TAKING THESE ACTIONS, THE GOLF INDUSTRY AND FACILITIES CAN MAKE A BIG CONTRIBUTION TO MAXIMISING THESE BENEFITS.



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Golf & Health